The graphic below displays a Proofpoint ‘End User Digest’ email that contains a listing of email messages that are suspected to be spam.

Using the End User Digest
- Open the End User Digest which displays a listing of suspected spam email messages.
- Review the messages to determine if they are spam.
- If the messages are spam email, no action is required. These messages will be automatically deleted from the digest in 14 days.
- Occasionally valid email messages are mistakenly labeled as spam. This is known as a false-positive.

End User Digest Options for Valid Email – Low Priority Mail - Quarantined
- **Release**: Delivers the email to your inbox
- **Allow Sender**: Adds the sender to your safe list, so that the sender will not be blocked in the future
- **Block Sender**: Adds the sender to your block list in the future
End User Digest Options for Valid Email – Spam – Quarantined

- **Release**: Delivers the email to your inbox
- **Release and Allow Sender**: Delivers the email to your inbox and adds the sender to your safe list, so that the email is not quarantined in the future
- **Not Spam**: Marks the email as a valid email instead of spam

Digest Email Options

- **Request New End User Digest**: Delivers a new user digest to your inbox
- **Request Safe/Blocked Senders List**: Delivers a list of senders you categorized as safe and blocked

<table>
<thead>
<tr>
<th>Safe Senders List</th>
<th>Blocked Senders List</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delete: <a href="mailto:info@ed-email.techtarget.com">info@ed-email.techtarget.com</a></td>
<td>Delete: <a href="mailto:sabrina.tor.wagonen@hpe.com">sabrina.tor.wagonen@hpe.com</a></td>
</tr>
<tr>
<td>Delete: <a href="mailto:no_reply@techtarget.com">no_reply@techtarget.com</a></td>
<td>Delete:</td>
</tr>
<tr>
<td>Delete: <a href="mailto:info@accessibilityassociation.org">info@accessibilityassociation.org</a></td>
<td>Delete:</td>
</tr>
</tbody>
</table>

- **Manage My Account**: Allows you to manage your quarantined email messages

![Image of email management interface]