

**Tarleton State University
Recreational Sports
Disc Golf Rules**



The Game

1. The current USDGA Rules will govern play except where modified herein.
2. Selection of starting holes and team pairings will be controlled by the Intramural Staff.

Divisions

1. Singles: Men and Women.
2. Doubles: Men's, Women's, and Co-Rec.

Playing Rules

1. The object of the sport is to play the course in the fewest amount of throws.
2. All participants must tee off from behind the cones marked before each hole.
3. Each individual/team is required to keep the other individuals/teams score, verify, and sign the scorecard turned-in.
4. Lowest score on the previous hole tees off first. After the tee-off, the player whose lie is the farthest from the target throws first.
5. Play out all holes, there are no gimmies or mulligans.
6. A disc that gets stuck in a tree will result in a one stroke penalty.
8. Distance allowances for rough lies:
 - a. Players must have one foot in contact with the lie of their previous throw, and they may not step towards the hole.
 - b. Players may play two yards back from their lie to avoid an obstacle.

- c. Players may never throw from beyond their lie.
 - d. Step follow throws are legal on all shots except putts. The disc must be released behind the line on the tee box, or behind the lie.
9. Within 10 yards of the target, a player may not step past the lie when attempting a putt throw. The hole is complete when the disc falls into the basket.
 10. Doubles play will be select shot. Players may throw from the team's best lie, or they may opt to play their own shot. Strokes will be counted each time you make a throw.
 11. Ties will go into a playoff round where each team or individual will play as many holes it takes until one team beats the other.

Protests

1. If during the competition a disagreement arises regarding the interpretation of a rule or eligibility, the decision of the Intramural Director will be final.
2. The Intramural Director reserves the right to alter or change any of the above with the best interest of all concerned.

THE SUCCESS OF ANY TOURNAMENT AND FAIR COMPETITION RESTS WITH EACH PERSONS INTEGRITY AND PROFESSIONALISM. LET'S NOT RUIN THE SPIRIT OF THE GAME OR THE GOOD TIME TO BE HAD BY ALL PARTICIPANTS THROUGH PETTY ACTS OR THE TAKING OF UNFAIR ADVANTAGE.

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