

# Dr. Kayla (Watson) Peak

## CURRICULUM VITAE

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**Head – School of Kinesiology / Associate Dean – College of Education**

**Professor – Kinesiology**

Tarleton State University  
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## EDUCATION

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<b>Ed.D.</b>	<b>1995</b>	<b>Texas A&amp;M University-Commerce</b> <i>Commerce, Texas</i> <i>Major:</i> College Teaching of Health, Physical Education and Recreation <i>Dissertation:</i> An Investigation of the Academic Progress of Selected Intercollegiate Athletes Involved in Two Types of Academic Support Programs
<b>M.Ed.</b>	<b>1990</b>	<b>Tarleton State University</b> <i>Stephenville, Texas</i> <i>Major:</i> Physical Education
<b>B.S.</b>	<b>1988</b>	<b>Tarleton State University</b> <i>Stephenville, Texas</i> <i>Major / Minor:</i> Physical Education / English <i>Honors:</i> Summa Cum Laude

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## PROFESSIONAL EXPERIENCE

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**September 2018 – present**

**Professor & Head – School of Kinesiology / Associate Dean – College of Education, Tarleton State University**

*Promoted to Professor on September 1, 2018*

- 21 full-time faculty; 3 professional staff; 15 GAs; 27 Adjunct faculty
- Coordinated transition from Department of Kinesiology to the School of Kinesiology
- Established the Department of Health & Human Performance and the Department of Sport Science
- College of Education – Coordinator of Student Services & Initiatives
- Teach 15 hours of undergraduate/graduate courses annually

**September 2017 – 2018**

**Department Head – Kinesiology / Associate Dean – College of Education, Tarleton State University**

- 20 full-time faculty; 1 professional staff; 15 GAs; 27 Adjunct faculty
- Coordinated transition from Department of Kinesiology to the School of Kinesiology
- Established the Department of Health & Human Performance and the Department of Sport Science
- Served as the Coordinator of Student Services & Initiatives for the College of Education
- Taught 15 hours of undergraduate/graduate courses annually

**September 2015 – 2017**

**Associate Dean – College of Education, Tarleton State University**

- Coordinated college-wide Academic Suspension Hearings each semester

- Coordinated Outstanding Departmental Graduate and Speak-Off each semester
- Promoted various college-wide initiatives thru marketing materials, social media, presentations
- Taught 15 hours of undergraduate/graduate courses annually
- Advise Kinesiology graduate students
- Serve on various academic committees

### **September 2013 – 2015**

#### **Department Chair / Associate Professor – Department of Kinesiology, Tarleton State University**

*Granted tenure & promotion to Associate Professor on September 1, 2013*

- 16 full-time faculty; 1 professional staff; 15 GAs; 19 Adjunct faculty
- Managed departmental budget
- Promoted department thru Social Media, marketing materials, presentations
- Established Distinguished Speaker Series & Professional Development Workshop (April 2014 – present)
- Served as Director of the Graduate Program (August 2008 – September 2015)
- Taught undergraduate and graduate courses
- Developed teaching schedules each semester
- Assessed departmental goals and objectives
- Developed first Kinesiology Study Abroad (Scotland) w/Dr. Steve Simpson (Summer 2015)

### **August 2006 – August 2013**

#### **Assistant Professor – Department of Kinesiology, Tarleton State University**

- Served as Director of the Graduate Program (August 2008 – August 2013)
  - **Recruited** new students
  - **Advised** current students
  - Developed **marketing** materials
- Taught undergraduate and graduate courses
- Coordinated activities and special events within the adapted physical education program

### **October 1997 – August 2006**

#### **Director – Campus Recreation, Division of Student Affairs, Texas A&M University-Commerce**

- Directed six components with Campus Recreation: Aquatics, Climbing & Outdoor Adventure, Facilities, Fitness, Intramurals & Club Sports, and Special Events
- Supervised eight full-time professional staff and 90+ student workers
- Managed an annual budget of \$1.85 million+
- Responsible for annual staff development (professionals) and quarterly in-service training (student workers)
- Served as Project Administrator for a federal grant (NYSP) for three summers
- Served as Project Coordinator for the following construction/renovation projects:
  - **Tennis Courts** – new construction; **\$400,000 budget**; four courts; March 2005 – December 2005
  - **Sam Rayburn Memorial Student Center** – new construction; **\$25 million budget**; 100,000 sq. ft.; September 2004 – August 2006
  - **Watson** – renovation; **\$25,000 budget**; renovated an old cafeteria building into a temporary recreation center during the construction of the Morris Recreation Center; December 2001
  - **Cain Sports Complex** – new construction; **\$800,000 budget**; four sports fields, picnic area, concession/storage building; September 2000 – May 2003
  - **Morris Recreation Center** – new construction; **\$12 million budget**; 97,856 sq. ft.; September 1998 – June 2003
- Spearheaded the organization of the following student referendums:
  - **Rec Sports Fee** – increased the existing fee from \$20 to \$65 per semester; passed with 72% approval; 2002
  - **Rec Sports Fee** – established a new fee of \$20 per semester; passed with 84% approval; Fall 1999
- Taught 6-9 hours (undergraduate and graduate) per year

### **January 1997 – July 1997**

#### **Assistant Professor – Department of Kinesiology, Tarleton State University**

- Taught undergraduate and graduate courses
- Served as advisor for undergraduate HPE majors
- Served as director of the Physical Education Activity Program (PEAP)
- Coordinated the Erath County Co-Op Special Education Track Meet

**August 1994 – January 1997****Assistant Athletic Director – Athletic Department, Texas A&M University-Commerce**

- Served as Senior Woman Administrator (SWA)
- Served as liaison between coaches and NCAA Compliance Coordinator
- Coordinated 'game day' management for TAMU-C athletic events
- Served as director for UIL Region II-AAA athletic events
- Campus liaison for Jay Novacek Football Camp (TAMU-C & Sports International)
- Taught undergraduate courses

**August 1993 – May 1994****Senior Academic Advisor – Academic Advising Center, Texas A&M University-Commerce**

- Advised students in courses selection and proper course sequence
- Facilitated students admitted to the University on provisional basis
- Participated in orientation and registration

**January 1993 – May 1993****Adjunct Professor – Department of Kinesiology, Tarleton State University**

- Taught a graduate course
- Served as advisor for HPE majors

**Summers 1991 – 1994****Director – Sports Camp, Continuing Education, Texas A&M University-Commerce**

- Developed summer recreation program for children ages 5-14
- Served as liaison between counselors, youth, parents, and community

**August 1990 – August 1993****Graduate Assistant, Department of HPE, Texas A&M University-Commerce**

- Taught undergraduate courses
- Served as advisor for undergraduate HPE majors
- Assisted with 'game day' activities for TAMU-C athletic events

**August 1989 – June 1990****Assistant Director – Recreation Sports, Tarleton State University**

- Supervised wellness program
- Designed individual fitness programs
- Scheduled intramural events
- Assigned and maintained daily work schedules
- Provided monthly budget reports

**July 1988 – May 1989****Assistant Tennis Coach – Athletic Department, Tarleton State University**

- Assisted in coaching duties
- Prepared budget reports
- Coordinated travel arrangements

**October 1986 – May 1989****Supervisor – Recreation Sports, Tarleton State University**

- Supervised intramural events
- Trained and scheduled intramural officials
- Officiated various intramural events

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# TEACHING EXPERIENCE

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## Courses Taught

### Undergraduate Courses

Adaptive, Corrective, and Developmental Exercise	Rhythm & Games for Elementary Grades
Capstone in Kinesiology	School & Community Recreation
Concepts of Physical Fitness	Seminar – Social Media in Sport
Freshman Success Seminar	Test & Measurements
Health & Kinesiology for Children	Activity – Fitness Walking
Health-Related Physical Fitness	Activity – Racquetball
Individual & Team Sports	Activity – Tennis & Badminton
Internship (Clinical; Coaching; Fitness/Strength sections)	Activity – Weight Training & Conditioning
Organization & Administration of KINE & Sport	Activity – Varsity Athletics
Problems (varied by semester)	

### Graduate Courses

Adaptive Physical Education	Seminar – Issues & Trends in Kinesiology & Sport
Administration of Athletic Programs	Seminar – Physical Fitness Assessment
Facilities & Equipment in Kinesiology & Sport	Seminar – Social Media in Sport
Internship	Seminar – Sport Management
Leadership & Professional Development in Kinesiology	Seminar – Sports Marketing
Problems (varied by semester)	Study Abroad – Global Wellness Initiatives
Readings in Kinesiology	Study Abroad – Sport in the UK
Research in Kinesiology	Thesis
School & Community Health	

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# PUBLICATIONS

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## Book

1. **Peak, K., & Brock, J., Mata, J.** (accepted). *Tarleton State University: School of Kinesiology 1905 - 1921*. American Press.

## Articles

24. McEntyre, K., Brock, J.D., Pennington, C.G., Wolfe, A.A., **Peak, K.**, & Nelson, S.F. (2020). Building a culture of health: A committee approach to wellness. *Journal of Advances in Sports and Physical Education*, 3(10), 183-186. [https://saudijournals.com/media/articles/JASPE\\_310\\_183-186.pdf](https://saudijournals.com/media/articles/JASPE_310_183-186.pdf) DOI: 10.36348/jaspe.2020.v03i10.002
23. Brock, J., **Peak, K.**, & Bunch, P. (2019). Intuitively Leading Change: Completing a kinesiology department-to-school transformation using Kotter's 8-Stage Change Model. *Journal of Physical Education and Sports Management*, 6(2), 14-24. [http://jpesm.com/journals/jpesm/Vol\\_6\\_No\\_2\\_December\\_2019/2.pdf](http://jpesm.com/journals/jpesm/Vol_6_No_2_December_2019/2.pdf)
22. **Peak, K.**, & Schenewark, J. (2019, October 28). Study abroad: The trip of a lifetime [Audio podcast episode]. In *FrontRunners*. School of Kinesiology, Tarleton State University. <https://podcasts.apple.com/us/podcast/the-trip-of-a-lifetime/id1440296782?i=1000455284740>
21. **Peak, K.** (2019, February 25). Social media content management via ContentCal [Audio podcast episode]. In *FrontRunners*. School of Kinesiology, Tarleton State University. <https://podcasts.apple.com/us/podcast/check-out-contentcal/id1440296782?i=1000430589758>
20. Wolfe, A., **Peak, K.**, Burch, J., & Burch, G. (2018). The effects of innovative shotgun shooting methods on collegiate shotgun shooters. *International Journal of Physical Education, Fitness and Sports*, 7(3), 57-65. <https://ijpefs.com/index.php/ijpefs/article/view/231/223>

19. Normand, J.M., Wolfe, A., & **Peak, K.** (2017). A review of early sport specialization in relation to the development of a young athlete. *International Journal of Kinesiology & Sports Science*, 5(2), 37-42. <http://journals.aiac.org.au/index.php/IJKSS/article/view/3433>
18. Hensley, J., & **Peak, K.** (2016). Acquiring talent for the Division I gridiron: NCAA recruiting governance, autonomy, limitations, and expansions related to football student-athletes. *Journal of Sport & Human Performance*, 4(4), 1-14. <https://journals.tdl.org/jhp/index.php/JHP/issue/view/20>
17. Wolfe, A., Jones, J., Priest, J., Martin, R., & **Peak, K.** (2016). Agility measures related to strikeouts of NCAA baseball pitchers. *International Journal of Physical Education, Sports, and Health*, 3(2), 188-192. ISSN 2394-1685 (Print) 2394-1693 (Online) <http://www.kheljournal.com/archives/2016/vol3issue2/PartD/3-2-16.pdf>
16. **Peak, K.**, Lyons, G., Crider, D., Simpson, W.K., Titlebaum, P., & Snow, V. (2015). Presenting and writing competencies: Are you a “Clark Kent” or a “Superman” or both? *Applied Recreational Research and Programming Annual*, 5, 1-14.
15. Wolfe, A., Jones, J., **Peak, K.**, Martin, R., & Priest, J. (2015). Study shows that agility improves pitching performance. [Quick Pitch] *Inside Pitch Magazine*, Summer, 27.
14. Lancaster, J., **Peak, K.**, & Ray, B.J. (2015). Publishing in the blogosphere: Impact on students’ professional writing. *Journal for Physical Education & Sports Management*, 2(1), 19-28. ISSN 2373-2156 (Print) 2373-2164 (Online) [http://jpesm.com/journals/jpesm/Vol\\_2\\_No\\_1\\_June\\_2015/2.pdf](http://jpesm.com/journals/jpesm/Vol_2_No_1_June_2015/2.pdf)
13. Burnett, J., Rokey, L., Britten, C.F., **Peak, K.**, Tietjen-Smith, T., & Yoder, A. (2013). Warning: Exercise may damage your hearing. *Education*, 3(3), 157-160. <http://article.sapub.org/10.5923.j.edu.20130303.03.html>
12. **Peak, K.** (2012). Is it time to rebrand physical education? [Issues - editorial response]. *JOPERD*, 83(9), 12.
11. **Peak, K.**, & Butler, R.E. (2012). Creating a culture of volunteerism: Students extend a helping hand while expanding their horizons. *Journal of the Effective Schools Project*, 19, 12-17. <http://texashistory.unt.edu/ark:/67531/metaph256638/m1/13/>
10. Sillivent, J., Blevins, J., & **Peak, K.** (2012). Energy drinks: Ergolytic or ergogenic? *International Journal of Exercise Science*, 5(3), 214-222. <http://digitalcommons.wku.edu/jies/vol5/iss3/4/>
9. Holsomback, D., & **Peak, K.** (2012). Footwear trends: Should sport & fitness enthusiasts embrace the minimalist movement? *The Sport Journal*, 15. <https://thesportjournal.org/article/footwear-trends/> (ISSN:1543-9518)
8. Burnett, J., Yoder, A., Britten, C.F., **Peak, K.**, & Tietjen-Smith, T. (2012). Earphone volume of cardiovascular entertainment systems may be harmful to hearing health. *Focus on Colleges, Universities, and Schools*, 6(1), 1-10. <http://www.nationalforum.com/Electronic%20Journal%20Volumes/Burnett,%20Jeffery%20Earphone%20Volume%20Focus%20V6%20N1%2012.pdf>
7. Baker, C., **Peak, K.**, & Guthrie, C. (2011). The faculty-driven model for innovation in teaching initiatives. *Academic Leader*, 27(9), 4-6. [https://www.magnapubs.com/newsletter/academic-leader/91/the\\_faculty\\_driven\\_model\\_for\\_innovation\\_in\\_teaching\\_initiatives-11422-1.html](https://www.magnapubs.com/newsletter/academic-leader/91/the_faculty_driven_model_for_innovation_in_teaching_initiatives-11422-1.html)
6. **Peak, K.**, & Palmore, C. (2011, June 23). It’s time to KO concussions. *The Sport Digest*. <http://thesportdigest.com/2011/06/its-time-to-ko-concussions/>
5. Martin, R.C., & **Peak, K.** (2011). Basketball officials: What makes them tick? *Texas Coach*, 55(5), 42. (ISSN: 0040-4241)
4. Dilley-Knoles, J., Burnett, J.S., & **Peak, K.** (2010). Making the grade: Academic success in today’s athletes. *The Sport Journal*, 13(1). (ISSN:1543-9518) <http://thesportjournal.org/article/making-the-grade/>
3. **Peak, K.**, Martin, R.C., Blevins, J., & Burnett, J. (2009). Special event programming for individuals with disabilities. *KAHPERD Journal*, 81(1), 11-16.
2. Ring-Dimitriou, S., von Duvillard, S.P., Stadlmann, M., Kinnunen, H., Drachta, O., Muller, E., Laukkanen, R., Hamra, J., Weeks, S., & **Peak, K.** (2008). Changes in physical fitness in moderately fit adults with and without the use of exercise telemetry monitors. *European Journal of Applied Physiology*, 102(5), 505-13. <http://www.springerlink.com/content/r44w2465l22p6r14/>
1. Ring-Dimitriou, S., von Duvillard, S.P., Paulweber, B., Stadlmann, M., LeMura, L.M., **Peak, K.**, & Mueller, E. (2007). Nine months aerobic fitness induced changes on blood lipids and lipoproteins in untrained subjects versus controls. *European Journal of Applied Physiology*, 99(3), 291-9. <http://www.springerlink.com/content/am6358660nv273x1/>

## **Abstracts**

21. Schenewark, J., **Peak, K.**, & Tallach, T. (2019). Looking back to go forward: Using history to strengthen professionalism. *35<sup>th</sup> Annual Convention Summer Conference Abstract Manual; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 35(1), 252-255.
20. George, B., Wolfe, A., Priest, J., Martin, R., Laurent, M., & **Peak, K.** (2019). The impact of kinetic energy factors on pitching performance of NCAA baseball pitchers. *International Journal of Exercise Science: Conference Proceedings*, 2(11), 64. <https://digitalcommons.wku.edu/ijesab/vol2/iss11/64/>
19. Mata, J., Guadagnolo, Z., **Peak, K.**, Schenewark, J., & Tallach, T. (2018). Leadership and branding: What every college kinesiology major should know. *34<sup>th</sup> Annual Convention Summer Conference Abstract Manual; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 34(1), 263-269.
18. **Peak, K.** (2017). Get in the game! Learn how to strengthen your professional portfolio. *33<sup>rd</sup> Annual Convention Summer Conference Abstract Manual; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 3(1), 98-101.
17. Mata, J., & **Peak, K.** (2018,). Professional development playbook: A meaningful approach to preparing students for real-world success. *2018 Transformative Learning: Conference Proceedings*, 15-16.
16. **Peak, K.**, Moody, S., Wolfe, A., & Ray, B. (2017). Professional development playbook: A meaningful approach to preparing students for real-world success. *2017 Transformative Learning: Conference Proceedings*, 15-16.
15. Dayberry, W., **Peak, K.**, Martin, C., & Simpson, S. (2016). Discovering motivational behaviors with the Dayberry Equation for Exercise Adherence. *Research Quarterly for Exercise & Sport*, 87(S2), A12. <http://dx.doi.org/10.1080/02701367.2016.1217725>
14. Wolfe, A., Priest, J., Martin, R., & **Peak, K.** (2016). Agility measures related to game performance of NCAA Baseball Pitchers. *International Journal of Exercise Science: Conference Proceedings*, 2(8), 74. <http://digitalcommons.wku.edu/ijesab/vol2/iss8/74/>
13. McCulloch, A., Priest, J., Gillespie, J., & **Peak, K.** (2016). The JJ Shuttle and in-game defensive basketball performance for collegiate male players. *International Journal of Exercise Science: Conference Proceedings*, 2(8), 86. <http://digitalcommons.wku.edu/ijesab/vol2/iss8/86/>
12. Keefe, M., **Peak, K.**, & Simpson, S. (2013). Impact of athletic apparel company funding on grass roots basketball. *Research Quarterly for Exercise & Sport*, 84:sup1, A-95. ISSN:0270-1367 <http://www.tandfonline.com/doi/pdf/10.1080/02701367.2013.791604>
11. Holder, M., **Peak, K.**, Gillespie, J., & Burnett, J. (2013). Scoreboard buzzers and the potential for noise-induced hearing loss. *Research Quarterly for Exercise & Sport*, 84:sup1, A-94. <http://www.tandfonline.com/doi/pdf/10.1080/02701367.2013.791604>
10. Sirman, C., **Peak, K.**, Gillespie, J., & Martin, C. (2012). Healthy body healthy mind: Determining the correlation between fitness and academic achievement in a private school setting. *89<sup>th</sup> Annual Convention Research Abstract Manual; College Division – Research Section; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 81(1), 5. [https://www.tahperd.org/web/images/pdfs/resources/publications/Conv12\\_research\\_abstract.pdf](https://www.tahperd.org/web/images/pdfs/resources/publications/Conv12_research_abstract.pdf)
9. Martin, C., **Peak, K.**, Gillespie, J., & Schlieman, N. (2011, December). Player position as it relates to batting averages in baseball. *88<sup>th</sup> Annual Convention Research Abstract Manual; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 80(1), 13. [https://www.tahperd.org/web/images/pdfs/resources/publications/TAHPERD\\_2011Reserach\\_Abstacts.pdf](https://www.tahperd.org/web/images/pdfs/resources/publications/TAHPERD_2011Reserach_Abstacts.pdf)
8. Coffman, K., **Peak, K.**, Gillespie, J., Priest, J., & Blevins, J. (2010, December). Heart rate response in individuals playing the Nintendo Wii game of boxing. *87<sup>th</sup> Annual Convention Research Abstract Manual; College Division – Research Section; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 3. [https://www.tahperd.org/web/images/pdfs/resources/publications/Research\\_Abstract\\_Conv10.pdf](https://www.tahperd.org/web/images/pdfs/resources/publications/Research_Abstract_Conv10.pdf)
7. **Peak, K.**, Schouten, B., & Coffman, K. (2009). Special event ideas for children and adults with special needs. *86<sup>th</sup> Annual Convention Activity Manual: Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 67-73.
6. **Peak, K.** (2009). Learn to launch your lectures into the upper deck. *25<sup>th</sup> Annual Summer Conference Activity Manual --- Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 25, 280-282.

5. **Peak, K.** (2008). Academic progress of intercollegiate student-athletes involved in academic support programs. *85<sup>th</sup> Annual Convention Research Abstract Manual; College Division – Research Section; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 13.
4. **Peak, K.** (2008). Planting deep roots for advocacy in health education. *85<sup>th</sup> Annual Convention Abstract Manual; Health Division; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 4.
3. **Peak, K.** (2008). Substance abuse: An impossible juggling act. *85<sup>th</sup> Annual Convention Abstract Manual; Health Division; Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 5.
2. **Peak, K.** (2008). Creating a field day experience for children with special needs. *24<sup>th</sup> Annual Summer Conference Activity Manual --- Texas Association for Health, Physical Education, Recreation & Dance (supplement)*, 24, 245-251.
1. **Peak, K.** (1996). An investigation of the academic progress of selected intercollegiate athletes involved in two types of academic support programs. *Dissertation Abstracts International*; 56(9), 3503A. (AAT 9600125)

### **Academic Program Reviews**

2. **Peak, K.** (2015, November). 5-Year Academic Program Review – MS & MEd degrees in Kinesiology at Tarleton State University (Fall 2009 – Fall 2013). [https://www.academia.edu/30530728/Kinesiology\\_Program\\_Review\\_-\\_MS\\_and\\_MEd\\_-\\_Tarleton\\_State\\_University](https://www.academia.edu/30530728/Kinesiology_Program_Review_-_MS_and_MEd_-_Tarleton_State_University)
1. **Peak, K.** (2015, November). 5-Year Academic Program Review – BS degree in Kinesiology at Tarleton State University (Fall 2009 – Fall 2013). [https://www.academia.edu/30530666/Kinesiology\\_Program\\_Review\\_-\\_BS\\_degree\\_-\\_Tarleton\\_State\\_University](https://www.academia.edu/30530666/Kinesiology_Program_Review_-_BS_degree_-_Tarleton_State_University)

### **Marketing Publications**

5. **Peak, K.,** Vranes, J., & Barkley, J. (2017). *Dare to Learn: Dream. Work. Achieve.* College of Education celebration magazine / fact-book highlighting departmental and faculty achievements. 40 pages.
4. **Peak, K.,** Vranes, J., & Barkley, J. (2017). *Dare to Think: Collect. Analyze. Interpret.* Department of Psychological Sciences celebration magazine / fact-book highlighting departmental and faculty achievements. 40 pages.
3. **Peak, K.,** Vranes, J., & Barkley, J. (2017). *Dare to Grow: Learn. Lead. Excel.* Department of Educational Leadership & Technology celebration magazine / fact-book highlighting departmental and faculty achievements. 40 pages.
2. **Peak, K.,** Heupel, J., & Barkley, J. (2016). *Dare to Discover: Shift. Lead. Achieve.* College of Education celebration magazine / fact-book highlighting departmental and faculty achievements. 40 pages.
1. **Peak, K.,** Vanderpool, J., Vanderpool, R., & Rodriguez, J. (2005). *Texas A&M – Commerce Rec Sports.* Poster designed and published by Prairie Rose Studio, Commerce, Texas. Received the **NIRSA 2005 Creative Excellence Awards; 3<sup>rd</sup> Place --- Graphic Communication – Facility Publication**; Orlando, Florida.

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## **PRESENTATIONS**

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### **Refereed (International & National)**

24. Mata, J., & **Peak, K.** (2018, March). *Professional development playbook: A meaningful approach to preparing students for real-world success.* Presentation at the annual international conference of the Transformative Learning Conference; Oklahoma City, Oklahoma.
23. **Peak, K.,** Wolfe, A., Moody, S., & Ray, B.J. (2017, March). *Professional development playbook: A meaningful approach to preparing students for real-world success.* Presentation at the annual international conference of the Transformative Learning Conference; Oklahoma City, Oklahoma.
22. Dayberry, W., Heupel, J., **Peak, K.,** Martin, C., & Simpson, S. (2016, April). *Discovering motivational behaviors with the Dayberry Equation for Exercise Adherence.* Presentation at the annual national conference of the SHAPE America Conference; Minneapolis, Minnesota.



21. **Peak, K.** (2015, June). *Wellness initiatives on a University campus*. Presentation at the international research symposium hosted by Napier University; Edinburgh, Scotland.
20. Wolfe, A., **Peak, K.**, Martin, R., & Priest, J. (2015, June). *The relationship of kinetic energy factors to the pitching performance of selected NCAA baseball pitchers*. Presentation at the international research symposium hosted by Napier University; Edinburgh, Scotland.
19. Wolfe, A., Jones, J., **Peak, K.**, Martin, R., & Priest, J. (2015, May). *Agility measures related to game performance in NCAA baseball pitchers*. Presentation at the annual national conference for the American College of Sports Medicine; San Diego, California.
18. **Peak, K.**, Ray, B.J., & Wolfe, A. (2014, November). *Building fearless champions in recreation: Brand-broadcast-benefit*. Presentation at the annual national conference for the NIRSA Marketing Institute; Orlando, Florida.
17. **Peak, K.**, Brian, K., Ray, B.J., Hanna, D., & Carrell, J. (2014, April). *Moving from stone age to new age: Tracking service learning hours in the Chalk & Wire ePortfolio system*. Presentation at the annual international conference for the SLOAN-C 7<sup>th</sup> Annual International Symposium; Dallas, Texas.
16. **Peak, K.**, Guthrie, C., Lambert, B., Sudman, P., & Hanna, D. (2013, June). *Faculty Fellowships: Foundation for Building a Thriving Faculty Development Initiative*. Presentation at the annual national conference of the Teaching Professor Conference; New Orleans, Louisiana.
15. Guthrie, C., **Peak, K.**, Lambert, B., Sudman, P., & Hanna, D. (2013, June). *Challenges and Results of Course Re-Design at Tarleton State University*. Poster presentation at the annual national conference of the Teaching Professor Conference; New Orleans, Louisiana.
14. Keefe, M., **Peak, K.**, & Simpson, S. (2013, April). *Impact of athletic apparel company funding on grass roots basketball*. Poster presentation at the annual national conference of the American Alliance of Health, Physical Education, Recreation, & Dance; Charlotte, North Carolina.
13. Holder, M., **Peak, K.**, Gillespie, J., & Burnett, J. (2013, April). *Scoreboard buzzers and the potential for noise-induced hearing loss*. Poster presentation at the annual national conference of the American Alliance of Health, Physical Education, Recreation, & Dance; Charlotte, North Carolina.
12. **Peak, K.**, Guthrie, C., Sharp, J., Garza, J., & Jafri, H. (2013, February). *Meaningful engagement in the classroom: Ideas for developing active teaching techniques*. Invited presentation at the annual national conference of the Transforming Teaching & Learning Environment hosted by the Pennsylvania State System of Higher Education; Harrisburg, Pennsylvania.
11. Maben, S., Edwards, J., Baker, C., **Peak, K.**, Horton, C., & Edwards, A. (2012, September). *Social media synergy: The intersection of academics & social media in a semi-rural community*. Presentation at the annual Social Media Technology national conference hosted by the Howard University & Bowie State University; Washington, D.C.
10. **Peak, K.**, Guthrie, C., Sharp, J., Lambert, B., Garza, J., Baker, C., & Hanna, D. (2012, June). *From sage on the stage to engage: Active teaching techniques*. Presentation at the annual national conference of the Teaching Professor Conference; Washington, D.C.
9. Guthrie, C., **Peak, K.**, Baker, C., & Sharp, J. (2012, June). *Strategies for implementing course re-design*. Poster presentation at the annual national conference of the Teaching Professor Conference; Washington, D.C.
8. Burnett, J., & **Peak, K.** (2012, March). *The continuing effects of a free university wellness program*. Poster presentation at the annual national conference of the National Intramural-Recreational Sports Association; Tampa, Florida.
7. Baker, C., Guthrie, C., & **Peak, K.** (2011, May). *The faculty fellowship: A vital component of Thriving Faculty Development Initiatives*. Poster presentation at the annual national conference of the Teaching Professor Conference; Atlanta, Georgia.



6. Osborne, J., **Peak, K.**, & Wentzel, M. (2010, April). *You're invited: Special event programming in campus recreation*. Poster presentation at the annual national conference of the National Intramural-Recreational Sports Association; Anaheim, California.
5. **Peak, K.**, & Gillespie, J. (2009, February). *Health-related fitness assessment in Texas: Lessons learned*. Presentation at the annual national conference of the Association of Teacher Educators; Dallas, Texas.
4. **Peak, K.** (2008, April). *A one-day recreational experience for children with special needs*. Poster presentation at the annual national conference of the National Intramural-Recreational Sports Association; Austin, Texas.
3. **Peak, K.**, Rodriguez, J., Willett, T., Reed, E., & Mills, B. (2005, April). *What I did at camp! Allowing children into your facilities*. Presentation at the annual national conference of the National Intramural-Recreational Sports Association; Orlando, Florida.
2. **Peak, K.** (2002, April). *Improving the rec center – Everyone counts*. Presentation at the annual national conference of the American Alliance of Health, Physical Education, Recreation and Dance; San Diego, California.
1. Bailey, P., Stewart, M., Dick, A., & **Peak, K.** (2002, April). *Student professional development*. One-day workshop designed for undergraduate students at the annual national conference of the National Intramural-Recreational Sports Association; San Antonio, Texas.

### **Refereed (Regional & State)**

41. Ray, B.J., Miller-Ray, J., & **Peak, K.** (2020, December). *The New Frontier: Teaching Kinesiology in the Digital Age*. Presentation at the annual state convention (Virtual due to COVID-19) of the Texas Association of Health, Physical Education, Recreation and Dance; Virtual via Web-Ex.
40. **Peak, K.** (2020, March). *Lessons learned: Restructuring an academic department*. Presentation at the inaugural state meeting of the Texas Higher Education Kinesiology Summit; Alpine, Texas.
39. Ray, B.J., & **Peak, K.** (2020, March). *The Magnificent Seven: Seven ways to prepare students for careers in the Kinesiology & Sport industry*. Presentation at the inaugural state meeting of the Texas Higher Education Kinesiology Summit; Alpine, Texas.
38. Ray, B.J., **Peak, K.**, & Martin, R. (2019, December). *How generations can impact the use of social media in recruiting*. Presentation at the annual state convention of the Texas Association of Health, Physical Education, Recreation and Dance; Arlington, Texas.
37. Schenewark, J., **Peak, K.**, & Tallach, Tom. (2019, July). *Looking back to go forward: Using history to strengthen professionalism*. Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; San Marcos, Texas.
36. George, B., Wolfe, A., Priest, J., Martin, R., & **Peak, K.** (2019, February). *The impact of kinetic energy factors on pitching performance of NCAA baseball players*. Presentation at the annual state conference of the Texas American College of Sports Medicine; Fort Worth, Texas.
35. Mata, J., & **Peak, K.** (2018, December). *Your pitch: Communicating leadership*. Presentation at the annual state convention of the Texas Association of Health, Physical Education, Recreation and Dance; Galveston, Texas.
34. Mata, J., **Peak, K.**, Guadagnolo, Z., Schenewark, J., & Tallach, T. (2018, July). *Leadership and branding: What every college kinesiology major should know*. Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Frisco, Texas.
33. Cox, G., Kimbrough, S., & **Peak, K.** (2017, December). *Creating innovative and interesting proposals*. Presentation at the state convention of the Texas Association of Health, Physical Education, Recreation and Dance; Ft. Worth, Texas.

32. Heupel, J., Simpson, S., & **Peak, K.** (2017, December). *Social and moral character of college athletes: Is there a difference?* Presentation at the state convention of the Texas Association of Health, Physical Education, Recreation and Dance; Ft. Worth, Texas.
31. **Peak, K.**, Wolfe, A., & Tallach, T. (2017, December). *Developing a champion mindset in young HPERD professionals.* Presentation at the state convention of the Texas Association of Health, Physical Education, Recreation and Dance; Ft. Worth, Texas.
30. **Peak, K.** (2017, July). *Get in the game! Learn how to strengthen your professional portfolio.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; San Marcos, Texas.
29. **Peak, K.** (2017, January). *The leadership playbook: Lead strong.* Presentation at the annual state conference of the Sports Medicine & Coaching Sciences Symposium; San Angelo, Texas.
28. **Peak, K.**, Lancaster, J., Bower, S.T., & Ray, B.J. (2016, March). *Using social media to create a global experience for students in writing intensive courses.* Presentation at the annual state conference of the Texas A&M University System Teaching with Technology Conference; College Station, Texas.
27. **Peak, K.** (2016, January). *The leadership playbook: Practice like a champion.* Presentation at the annual state conference of the Sports Medicine & Coaching Sciences Symposium; San Angelo, Texas.
26. **Peak, K.**, & Ray, B.J. (2015, December). *Marketing to Gen Z: Creating special events to enhance professional development.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Dallas, Texas.
25. **Peak, K.** (2015, September). *Study Abroad in Kinesiology.* Presentation at the annual state workshop of the Chancellor's Summit on Education; Texas A&M University System; San Antonio, Texas.
24. **Peak, K.**, Ray, B.J., & Hensley, J. (2013, December). *e-Strength: Harness the power of social media.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Dallas, Texas.
23. **Peak, K.**, & Hensley, J. (2013, July). *Social media to enhance your professional strength.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; San Marcos, Texas.
22. **Peak, K.**, & Ray, B.J. (2012, December). *Innovative marketing: Creating a playbook for your Kinesiology graduate program.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Galveston, Texas.
21. **Peak, K.**, Sirman, C., Gillespie, J., & Martin, C. (2012, December). *Healthy body ~ healthy mind: Determining the correlation between fitness and academic achievement in a private school setting.* Poster presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Galveston, Texas.
20. **Peak, K.** (2012, January). *Kinecting to rehab: Protocol for using the X-Box Kinect in the athletic training setting.* Presentation at the annual state workshop of the San Angelo Sports Medicine Symposium; San Angelo, Texas.
19. **Peak, K.**, & Brian, K. (2011, December). *Health and fitness testing: A requirement for college graduation.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Dallas, Texas.
18. Martin, C., **Peak, K.**, Gillespie, J., & Schlieman, N. (2011, December). *Player position as it relates to batting averages in baseball.* Poster presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Dallas, Texas.
17. Coffman, K., & **Peak, K.**, Priest, J., & Gillespie, J. (2010, December). *Heart rate response in individuals playing the Nintendo Wii game of boxing.* Poster presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Galveston, Texas.

16. **Peak, K.** (2010, December). *Dodgeball: Is it really a 'hall of shame' game?* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Galveston, Texas.
15. **Peak, K.,** Schouten, B., & Coffman, K. (2009, December). *Special event ideas for children and adults with special needs.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Arlington, Texas.
14. Schouten, B. & **Peak, K.** (2009, December). *Log It! How to keep track of professional development experiences.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Arlington, Texas.
13. **Peak, K.,** Key, J., & Lochbaum, M. (2009, December). *Teaching improvement ideas for university instructors of activity courses.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Arlington, Texas.
12. **Peak, K.** (2009, July). *Learn to launch your lectures into the upper deck.* Presentation at the annual summer state conference of the Texas Association of Health, Physical Education, Recreation and Dance; San Antonio, Texas.
11. **Peak, K.** (2008, December). *Academic progress of intercollegiate student-athletes involved in academic support programs.* Poster presentation at the annual state conference of the Texas Association for Health, Physical Education, Recreation & Dance; Corpus Christi, Texas.
10. **Peak, K.** (2008, December). *Planting deep roots for advocacy in health education.* Poster presentation at the annual state conference of the Texas Association for Health, Physical Education, Recreation & Dance; Corpus Christi, Texas.
9. **Peak, K.** (2008, December). *Substance abuse: An impossible juggling act.* Poster presentation at the annual state conference of the Texas Association for Health, Physical Education, Recreation & Dance; Corpus Christi, Texas.
8. **Peak, K.,** Carter, B., & Carter, W. (2008, July). *Creating a field day experience for children with special needs.* Presentation at the annual summer state conference of the Texas Association of Health, Physical Education, Recreation and Dance; Waco, Texas.
7. **Peak, K.,** Rodriquez, J., Wilkerson, G., Webb, E., Willett, T., & Moody, R. (2004, February). *Learning to FISH! How to implement a customer service model in your workplace.* Presentation at the annual student leadership Region IV conference of the National Intramural-Recreational Sports Association; University of Houston; Houston, Texas.
6. Anzivino, K. & **Peak, K.** (2003, October). *Trash cans, clocks & signage: Remembering the little things during facility design.* Presentation at the annual state workshop of the National Intramural-Recreational Sports Association; Corpus Christi, Texas.
5. Carroll-Cobb, S. & **Peak, K.** (2003, March). *An examination of the barriers to utilization of worksite fitness facilities.* Presentation at the first annual 'Take Heart Alaska: A New Day in Cardiovascular Health' conference; University of Alaska-Anchorage; Anchorage, Alaska.
4. **Peak, K.** & Anzivino, K. (2001, October). *Rec centers --- How to get from design to construction.* Presentation at the annual Big XII & Friends regional conference of the National Intramural-Recreational Sports Association; College Station, Texas.
3. Brimi, B., Gray, S., Milam, M.E., & **Peak, K.** (2000, February). *Administrative issues within the field of recreation.* Presentation at the annual student leadership Region IV conference of the National Intramural-Recreational Sports Association; San Marcos, Texas.
2. Tallach, T., Chaloupka, L., Weeks, S., & **Peak, K.** (1998, December). *Intramural participation and gender equity.* Presentation at the annual state conference of the Texas Association of Health, Physical Education, Recreation, and Dance; Dallas, Texas.

1. Tallach, T., Chaloupka, L., & **Peak, K.** (1998, February). *Gender equity: A benchmark for intramural participation*. Presentation at the annual student leadership Region IV conference of the National Intramural-Recreational Sports Association; Stillwater, Oklahoma.

### **Invited**

14. **Peak, K.** (2019, June). *Hit your mark: How to create dynamic presentations to engage learners*. Keynote Speaker for the Teaching & Learning Workshop at First Baptist Church – Lakeside; Fort Worth, Texas.
13. Wolfe, A., & **Peak, K.** (2018, October). *The effects of early sport specialization*. Invited presentation for the Moses Brown School; Providence, Rhode Island.
12. **Peak, K.** (2018, May). *Celebrating the strength of women*. Keynote Speaker at the United Methodist Women's League; Stephenville, Texas.
11. **Peak, K.** (2011, April). *How to promote your presence in the job market*. Panelist for the Delta Epsilon Iota's 'The Real World 2' luncheon seminar; Tarleton State University; Stephenville, Texas.
10. **Peak, K.** (2010, December). Keynote Speaker for the Winter Commencement Ceremony (Graduate Hooding ceremony); Tarleton State University; Stephenville, Texas.
9. **Peak, K.** (2009, November). *Gratitude: Wellness revisited*. Keynote Speaker for the Wesley Foundation luncheon; Stephenville, Texas.
8. **Peak, K.** (2008, August). *DESIRE to be a winner*. Keynote Speaker for the Department of Recreational Sports staff training retreat; Tarleton State University; Stephenville, Texas.
7. **Peak, K.** (2008, March). *Fantastic Field Day – Motivating special needs children to participate*. Keynote Speaker (guest of Joy Edwards) for the Kiwanis Club of Stephenville, Texas.
6. **Peak, K.** (2007, October). *M&M's are really football fields!* Keynote Speaker (guest of Dr. Gary Peer) for the Rotary Club of Stephenville, Texas.
5. **Peak, K.** (2004, November). *Building sports facilities*. Invited presentation for graduate students in a sports administration course; Texas Woman's University; Denton, Texas.
4. **Peak, K.** (2004, March). *Facility planning & operations*. Invited presentation for undergraduate students in a sports administration course; Texas Woman's University; Denton, Texas.
3. **Peak, K.** (2002, April). *Finishing strong – How to be a winner*. Invited presentation at the annual Sam Rayburn Scholars Leadership Institute; Texas A&M University-Commerce; Commerce, Texas.
2. **Peak, K.** (1998, March). *Wellness? But I'm only 18*. Invited presentation at the annual Honors Colloquium; Texas A&M University-Commerce; Commerce, Texas.
1. **Peak, K.** (1997, July). *Project: Fit Kids*. Keynote Speaker for a one-day workshop for the United States Army – The Corp Group; Fort Hood, Texas.

### **Non-Refereed**

13. George, B., Wolfe, A., Priest, J., Martin, R., & **Peak, K.** (2018, November). *The relationship of body mass and body height to the athletic performance of baseball players*. Presentation at the 15<sup>th</sup> Annual Texas A&M University System PATHWAYS Research Symposium; Canyon, Texas.
12. George, B., Wolfe, A., Priest, J., Martin, R., & **Peak, K.** (2018, October). *The relationship of body mass and body height to the performance of NCAA baseball players*. Presentation at the Research Appreciation Week (RAW) for the College of Education; Tarleton State University; Stephenville, Texas.
11. **Peak, K.** (2017, March). *Fully engaged leadership: Changing perceptions by developing your leadership playbook*. Presentation at the 4<sup>th</sup> Annual Leaders4Diversity Conference; Tarleton State University; Stephenville, Texas.
10. Moody, S., & **Peak, K.** (2016, November). *An epistemological assessment of Kinesiology students' progression in dimensions of learning*. Presentation at the 14<sup>th</sup> Annual Texas A&M University System PATHWAYS Research Symposium; Prairie View, Texas.

9. Wolfe, A., Jones, J., **Peak, K.**, Martin, C., & Priest, J. (2015, April). *Agility measures related to game performance in NCAA baseball pitchers*. Presentation at the Research Appreciation Week (RAW) for the College of Education; Tarleton State University; Stephenville, Texas.
8. Bowers, S.T., Lancaster, J., Ray, B.J., & **Peak, K.** (2015, April). *Write Blog Tweet: Creating a global experience for students in writing intensive courses*. Presentation at the Research Appreciation Week (RAW) for the College of Education; Tarleton State University; Stephenville, Texas.
7. Bowers, S.T., McKay, A., & **Peak, K.** (2015, April). *Building fearless champions: The R.E.A.L. Way*. Presentation at the Research Appreciation Week (RAW) for the College of Education; Tarleton State University; Stephenville, Texas.
6. Wolfe, A., **Peak, K.**, Martin, C., & Priest, J. (2013, November). *Relationship of kinetic energy factors to the athletic performance of selected NCAA division II baseball pitchers*. Presentation at the 11<sup>th</sup> Annual Texas A&M University System PATHWAYS Research Symposium; Kingsville, Texas.
5. **Peak, K.**, Guthrie, C., Sharp, J., Lambert, B., Garza, J., & Baker, C. (2012, March). *Active teaching techniques for the college classroom*. Presentation at the annual Excellence in Teaching Conference; Tarleton State University; Stephenville, Texas.
4. Sickels, J., & **Peak, K.** (2011, April). *Determining the success of special event programming for individuals with disabilities*. Poster presentation at the annual College of Education Research Symposium sponsored by Tarleton State University; Stephenville, Texas.
3. **Peak, K.** (2011, March). *Teaching techniques for engaging the millennial student*. Presentation at the annual Excellence in Teaching Conference; Tarleton State University; Stephenville, Texas.
2. **Peak, K.** (2008, March). *Creating a FISH! culture in the classroom*. Presentation at the annual Excellence in Teaching Conference; Tarleton State University; Stephenville, Texas.
1. Carter, W., Carter, B., & **Peak, K.** (2007, November). *Survey review of a graduate program in health & physical education*. Poster presentation at the annual Pathways Student Research Symposium sponsored by the Texas A&M University System; Stephenville, Texas.

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## SCHOLARLY ACTIVITY & SERVICE

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### Theses/Dissertations/Applied Research

#### Served as Chair of the Committee

8. Wolfe, Andrew. (2014, August). *Relationship of kinetic energy factors to the athletic performance of selected NCAA Division II baseball pitchers*. Tarleton State University; Stephenville, Texas. Thesis Committee: **Peak (Chair)**, Gillespie, Priest.
7. Sirman, Callie. (2012, August). *Physical fitness and academic achievement in a private school (K-12) in Texas*. Tarleton State University; Stephenville, Texas. Thesis Committee: **Peak (Chair)**, Gillespie, Martin.
6. Dayberry, Whitney. (2012, May). *Discovering an equation for exercise adherence: A narrative inquiry into positive motivational behaviors*. Tarleton State University; Stephenville, Texas. Thesis Committee: **Peak (Chair)**, Martin, Simpson.
5. Butler, Rachel (2011, December). *Creating a culture of volunteerism: Students extend a helping hand while expanding their horizons*. Tarleton State University; Stephenville, Texas. Undergraduate Applied Research: **Peak (PI)**.
4. Keefe, Matthew. (2011, May). *Impact of athletic apparel company funding on grass roots basketball (2003-2008)*. Tarleton State University; Stephenville, Texas. Thesis Committee: **Peak (Chair)**, Newsome, Simpson.
3. Coffman, Kimberly. (2010, August). *Heart rate response in individuals while playing the Nintendo Wii® game of boxing*. Tarleton State University; Stephenville, Texas. Thesis Committee: **Peak (Chair)**, Gillespie, Priest.

2. Schouten, Brittany. (2009, December). *Motivated to move: The marketing impact of JT Wellness*. Tarleton State University; Stephenville, Texas. Thesis Committee: **Peak (Chair)**, Gillespie, Sadler.
1. Holder, Margaret. (2009, May). *The relationship of noise-induced hearing loss and emission of sound pressure from scoreboards*. Tarleton State University; Stephenville, Texas. Thesis Committee: **Peak (Chair)**, Gillespie, Sadler.

**Served as a Committee Member**

15. Brock, Jesse. (2021, August *anticipated*). *Academic clustering and NCAA Division II athletics: A relationship analysis using Astin's I-E-O Model*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Beach (Chair), Glaman, **Peak**.
14. Walters, Misty. (2019, August). *An analysis of the relationship of performance on health-related fitness standards and academic achievement for eight grade campuses*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Beach (Chair), Leach, **Peak**.
13. Ray, Billy Jack. (2019, May). *The generational impact of the use of social media on the recruitment of prospective student-athletes in NCAA Division II/III football programs*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Beaty (Chair), **Peak**, Martin.
12. Hill, Kennedy. (2018, August). *National athletic talent development models and their compatibility within the American high school environment*. Tarleton State University; Stephenville, Texas. Thesis Committee: Schenewark (Chair), Martin, **Peak**.
11. Wolfe, Andrew. (2018, May). *The influence of physical fitness on leadership behavior of ROTC cadets*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Beach (Chair), **Peak**, Laurent.
10. Vranes, Jason. (2017, August). *Analysis of digital marketing in NCAA Division I & II Colleges of Business & Education*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Leach (Chair), Wu, **Peak**.
9. Heupel, Jill. (2017, August). *A study of character among intercollegiate athletes*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Leach (Chair), Simpson, **Peak**.
8. Carty, Josh. (2016, December). *A study of the relationship between scheduled free play and academic achievement among third grade students in Texas elementary schools*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Beaty (Chair), Higham, **Peak**.
7. McCulloch, Austin. (2015, May). *Speed, agility, and the playing position of elite male NCAA Division II Basketball players*. Tarleton State University; Stephenville, Texas. Thesis Committee: Priest (Chair), Gillespie, **Peak**.
6. Byrd (Barmore), Sarah. (2013, May). *A case study measuring the passive impact of the natural setting of a non-traditional classroom on university student academic achievement in English*. Tarleton State University; Stephenville, Texas. Thesis Committee: Tarpley (Chair), Stanley-Stevens, **Peak**.
5. Cedeno, Michael. (2012, August). *Gender and stress-related effects on cardiovascular health among college-age students*. Tarleton State University; Stephenville, Texas. Thesis Committee: Blevins (Chair), Albrecht, **Peak**.
4. Groves, Cheryl. (2012, May). *The impact of age and condition of facilities on achievement of senior high school students in Texas*. Tarleton State University; Stephenville, Texas. Dissertation committee: Littleton, M. (Chair), Johnson, **Peak**.
3. Dorris, Denae. (2011, August). *A validation of the effective learning environments assessment*. Tarleton State University; Stephenville, Texas. Dissertation Committee: Littleton (Chair), Johnson, **Peak**.
2. Kaing, Will. (2011, August). *The impact of Tribulus Terrestris on muscular strength gains in male athletes*. Tarleton State University; Stephenville, Texas. Thesis Committee: Blevins (Chair), Albrecht, **Peak**.
1. Schlieman, Nate. (2010, May). *Player position as it affects batting averages in baseball*. Tarleton State University; Stephenville, Texas. Thesis Committee: Martin (Chair), Gillespie, **Peak**.

## **Editorial Boards**

*American Clearinghouse on Educational Facilities*

Editorial Board Member (2010 – 2012)

*Applied Research in Coaching and Athletics Annual*

Associate Editor (2009 – 2018)

Editorial Board Member (2004 – 2009)

*Applied Recreation Research & Programming Annual*

Associate Editor (2011 – 2018)

*TAHPERD Journal*

Editorial Board Member (2016 – 2019)

Guest Reviewer (2009)

## **Creative Works**

- 2018 Podcast** --- Created and serve as content manager for **FrontRunners** podcast Powered by the School of Kinesiology at Tarleton State University. Podcasts can be found on iTunes and Spotify.
- 2017 Study Abroad – Mexico** --- Co-Developed the study abroad course in the Kinesiology Department with Ms. Amy McKay. Nineteen students participated in the first program and spent 12 days in San Miguel de Allende, Mexico. Travel dates: July 13-24, 2017.
- 2015 Study Abroad – Scotland** --- Co-Developed the inaugural study abroad course in the Kinesiology Department with Dr. Steve Simpson. Fifteen students participated in the first program and spent 24 days in Edinburgh, Scotland. Travel dates: June 5-28, 2015.
- 2014 Distinguished Speaker Series & Expo Center** --- Created and serve as director of an annual event which allows students to learn more about the Kinesiology profession as well as actively engage in professional development activities.
- 2012 Social Media** --- Created and serve as content manager for the following Tarleton State University KINESIOLOGY social media accounts: Blog (*Kinesiology & Sport Review*), Facebook, Twitter, Instagram, and YouTube.
- 2008 Kinesiology Research Symposium** --- Created and serve as director of an annual event (2008-2014) which allows students to showcase their research work in the field of Kinesiology and related disciplines. The event is open to all graduate and undergraduate students majoring in Kinesiology (KINE) and is held each fall semester. All presentations and posters are judged by a faculty review team comprised primarily of faculty from within the KINE department.
- 2008 Rock the Gym** --- Created and served as director for an annual event (2008-2013) which is designed specifically for children and adults with disabilities. The theme of this special event is a dance. The idea is to create opportunities for movement, fitness, friendship, and fun for those with disabilities. Graduate and undergraduate students majoring in Kinesiology assist with the organization and administration of this event and also serve as 'buddies' for all participants.
- 2007 Fantastic Field Day** --- Serve as director for an annual event (2007-2013), established in 1990, which is designed specifically for children with disabilities. The theme of this special event is OPERATION: HOO-RAH. The idea is to create opportunities for movement, fitness, friendship, and fun for those with disabilities. Graduate and undergraduate students majoring in Kinesiology assist with the organization and administration of this event and also serve as 'buddies' for all participants.

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## **GRANTS & FUNDRAISING**

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### **Grants**

**\$500**

Awarded a mini-grant, by the Center for Instructional Innovation at Tarleton State University, for the purpose of developing *Qualitative Research Initiatives* in Kinesiology; June 2019.

**\$2,000**

Awarded an Academic Circle Grant, by the Provost's Office at Tarleton State University, to assist with the Sadler Distinguished Scholar Speaker Series; December 2017.



<b>\$1,500</b>	Awarded a <u>mini-grant</u> , by the QEP Committee at Tarleton State University, for the purpose of developing an <i>Applied Learning Experience</i> component for an undergraduate Kinesiology course (KINE 4385 – Study Abroad – Mexico); w/Amy McKay & Misti Reisman; July 2017.
<b>\$500</b>	Awarded a <u>Research Travel Grant (graduate)</u> , by the Office of Student Research & Creative Activities at Tarleton State University, to assist with research presentation; Andy Wolfe; June 2016.
<b>\$1,000</b>	Awarded a <u>Research Travel Grant (graduate)</u> , by the Office of Student Research & Creative Activities at Tarleton State University, to assist with international research presentation in Scotland; Andy Wolfe; June 2015.
<b>\$1,500</b>	Awarded a <u>mini-grant</u> , by the QEP Committee at Tarleton State University, for the purpose of developing an <i>Applied Learning Experience</i> component for an undergraduate Kinesiology course (KINE 4385 – Study Abroad – Scotland); w/Dr. Steve Simpson; May 2015.
<b>\$1,500</b>	Awarded a <u>mini-grant</u> , by the QEP Committee at Tarleton State University, for the purpose of developing an <i>Applied Learning Experience</i> component for an undergraduate Kinesiology course (KINE 4682 – Internship); September 2014.
<b>\$1,000</b>	Awarded a <u>Research Assistant (graduate)</u> , by the Office of Student Research & Creative Activities at Tarleton State University, to assist with transcription of interviews for a Narrative Inquiry research study; Whitney Dayberry; December 2011.
<b>\$1,500</b>	Awarded a <u>mini-grant</u> , by the QEP Committee at Tarleton State University, for the purpose of developing an <i>Applied Learning Experience</i> component for an undergraduate Kinesiology course (KINE 380 – Adapted Physical Education); August 2010.
<b>\$1,000</b>	Awarded a <u>Research Assistant (undergraduate)</u> , by the Office of Student Research & Creative Activities at Tarleton State University, to assist with the development of several surveys related to the <i>Rock the Gym</i> special event; Jessica Sickels; August 2010.
<b>\$500</b>	Awarded a <u>Research Assistant (graduate)</u> , by the Office of Student Research & Creative Activities at Tarleton State University, to assist with a research project involving fitness levels and the Nintendo Wii Sports gaming system; Kim Coffman; February 2010.
<b>\$4,000</b>	Awarded a <u>mini-grant</u> , by the Texas A&M University System's Disability Training Network, for researching <i>A Three-Tier Approach to Improving the Health &amp; Fitness of College Students with Disabilities</i> ; August 2008.
<b>\$55,500</b>	Awarded a <u>federal grant</u> to fund the National Youth Sports Program (NYSP) on the campus of Texas A&M University-Commerce; served as Project Administrator; January 2004.
<b>\$50,000</b>	Awarded a <u>federal grant</u> to fund the National Youth Sports Program (NYSP) on the campus of Texas A&M University-Commerce; served as Project Administrator; January 2002.
<b>\$47,500</b>	Awarded a <u>federal grant</u> to fund the National Youth Sports Program (NYSP) on the campus of Texas A&M University-Commerce; served as Project Administrator; January 2001.
<b>\$500</b>	Awarded an <u>internal research grant</u> , by the Graduate School at Texas A&M University-Commerce, for researching <i>Perceived Barriers to Participation in a Regular Exercise Program</i> ; January 1998.

#### **Faculty Development Grants**

<b>\$421</b>	Awarded a <u>Faculty Development Grant</u> , by the Faculty Development Committee at Tarleton State University, to assist with travel expenses while attending the AAHPERD national conference in Charlotte, North Carolina; April 2013.
<b>\$412</b>	Awarded a <u>Faculty Development Grant</u> , by the Faculty Development Committee at Tarleton State University, to assist with travel expenses while attending the TAHPERD state conference in Galveston, Texas; December 2012.

- \$326** Awarded a Faculty Development Grant, by the Faculty Development Committee at Tarleton State University, to assist with travel expenses while attending the TAAHPERD state conference in Dallas, Texas; December 2011.
- \$419** Awarded a Faculty Development Grant, by the Faculty Development Committee at Tarleton State University, to assist with travel expenses while attending the TAAHPERD state conference in Galveston, Texas; December 2010.
- \$271** Awarded a Faculty Development Grant, by the Faculty Development Committee at Tarleton State University, to assist with travel expenses while attending the TAAHPERD state conference in Arlington, Texas; December 2009.
- \$345** Awarded a Faculty Development Grant, by the Faculty Development Committee at Tarleton State University, to assist with travel expenses while attending the TAAHPERD state conference in Corpus Christi, Texas; December 2008.
- \$313** Awarded a Faculty Development Grant, by the Faculty Development Committee at Tarleton State University, to assist with travel expenses while attending the NCPERID summer conference in Reston, Virginia; October 2006.

### **Fundraising**

- \$15,000** Received a gift from Mark McKenzie, Focused Post Acute Care Partners, to support professional development initiatives for students in the School of Kinesiology; September 2019. *Wayne Davenport, Development Office at Tarleton State University, served as the point person; Peak served as supporting.*
- \$15,000** Received a gift from Mark McKenzie, Focused Post Acute Care Partners, to support professional development (guest speakers – Chalk Talks) for students in the School of Kinesiology; September 2018. *Wayne Davenport, Development Office at Tarleton State University, served as the point person; Peak served as supporting.*
- \$15,000** Received a gift from Mark McKenzie, Focused Post Acute Care Partners, to support the Sadler Distinguished Scholar Speaker Series (Rudy Ruettiger served as guest speaker) in the School of Kinesiology; March 2018. *Wayne Davenport, Development Office at Tarleton State University, served as the point person; Peak & Schenewark served as supporting.*
- \$2,500** Received a gift from SODEXO to support the Sadler Distinguished Scholar Speaker Series (Rudy Ruettiger served as guest speaker) in the School of Kinesiology; March 2018. *Wayne Davenport, Development Office at Tarleton State University, served as the point person; Peak & Schenewark served as supporting.*
- \$3,000** Awarded a monetary gift, from the First United Methodist Church (Commerce, Texas), to assist with the summer feeding program associated with the National Youth Sports Program (NYSP); July 2004.

### **Scholarships**

- \$8,000** Bob & Darla Doty, along with Darla's siblings, endowed a scholarship to honor their mother – Mildred Buchanan. The "Mildred W. Buchanan Endowed Fund" established scholarships students working in the Laboratory for Wellness & Motor Behavior within the School of Kinesiology; December 2019. *Callie Fender, Development Office at Tarleton State University, and Dr. Joe Priest served as point; Peak served as supporting.*
- \$90,000** The family and friends of Carolyn Lesley endowed a memorial scholarship for graduate students within the Kinesiology and Counseling programs; January 2019. *Callie Fender, Development Office at Tarleton State University, served as the point person; Peak served as supporting.*
- \$50,000** Paul and Carolyn Jones endowed a memorial scholarship to honor their son – Daniel Jones. The Daniel Jones "Never Give Up" scholarship serves undergraduate students within the School of Kinesiology; January 2019. *Callie Fender, Development Office at Tarleton State University, served as the point person; Peak and McKay served as supporting.*
- \$23,500** Hosted two golf tournaments to establish and endow a scholarship in honor of Dr. Jim Stahl, first Director of Campus Recreation at Texas A&M University-Commerce. The tournaments were

organized and administered by the Campus Recreation staff; May 2000 & April 2002. *Peak, Director of Campus Recreation at TAMU-Commerce, served as the point person.*

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## PROFESSIONALISM

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### **Membership in Professional Organizations**

National Association for Kinesiology in Higher Education (NAKHE) — [Expires 10/2020]

National Intramural-Recreational Sports Association (NIRSA) — [Member #503421 - Expires 4/2019]

*Member, Student Professional Development Committee; 2002*

SHAPE America (formerly American Alliance of Health, Physical Education, Recreation and Dance - AAHPERD) — [Member #2015280 - Expires 10/2020]

*At-Large Member of the Public Relations Committee – Southern District; 1997*

Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) — [Member #12990 - Expires 10/2021]

*Chair-Elect, College Administrators (College Division); 2020*

*Member, Future Directions Committee; 2020-present*

*Member, Editorial Review Board; 2016-2019*

*Member, Legislative Affairs Committee; 2012-2014*

*Vice-President, General Division; 2009-2011*

*- Member, Board of Directors*

*- Member, AIM Committee (Co-Chair, 2010)*

*- Member, K-12 Administrator-of-the-Year selection committee (Chair, 2010)*

*- Member, Jump Rope for Heart & Hoops for Heart Committee*

*Chair, Health Professional Education; 2002*

*Chair, Health Promotions; 1996*

### **Certifications**

Challenge Course Facilitator; 2007

Providing Dietary Guidance certification; Cooper Institute for Aerobic Research; 2003

Biomechanics of Strength Training certification; Cooper Institute for Aerobic Research; 1997

Texas Teaching Certificate (Lifetime)

*All-Level Physical Education – 1990*

*Secondary Physical Education (6-12) & Secondary English (6-12) – 1988*

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## SERVICE

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### **University Service**

#### **University-level Standing Committees**

- Academic Assessment Committee; October 2008 – July 2009; August 2016 – 2018
- Academic Council; September 2013 – present
- Academic Council Executive Team (ACET); August 2015 – present
- Athletic Council; September 2007 – 2017
  - Chair – Sub-Committee on Athletic Awards Policy; Fall 2008
- Dean's Council; August 2015 – present
- Faculty Development Committee; September 2011 – August 2013
- Graduate Council; September 2008 – 2015
  - Full Member status; Spring 2009 – present
  - Associate Member status; Fall 2008
- Quality Enhancement Plan (QEP) Committee; September 2017 – April 2019
- Search Committee Member – Associate Provost/Associate VP Academic Affairs; Fall 2020
- Student Service Fee Advisory Committee; September 2007 – August 2011

- Teacher Education Council; September 2006 – August 2013
  - Member – Legislative Task Force; January 2009
- University Committee for Disability Services; September 2007 – August 2009

### **University-level Select Committees**

- Barriers to Persistence Task Force; April 2017 – present
- CLASS Committee; Summer 2012 – Summer 2013; March 2016 – present;
- First Year Seminar Committee; Summer 2012 – Fall 2012
- Presidential Honors Program – Honors Advisory Committee; Spring 2012 – Spring 2015
- Project Graduation; November 2011 – August 2013
- Selection Committee – Associate Provost & Vice-President; Academic Affairs; Fall 2020
- Selection Committee – Leadership & Service Award (Student Activities); Spring 2011
- Selection Committee – Course Re-Design Cohort (CITDE); Spring 2011
- Search Committee – Dean; College of Graduate Studies (CoGS); Spring 2020
- Search Committee – Coordinator of Programming & Research (AOE Division); Fall 2016
- Search Committee – Course Developer (CITDE); Fall 2010
- Search Committee – Athletic Compliance Director; Fall 2010
- Recreation Sports Program Review Committee; August 2009 – August 2010
  - Chair
- Student Endowment Scholarship Committee; Summer 2007 – present
- Texas Social Media Research Institute (TSMRI); Board Member; 2012 – 2013
- Catalog Review Committee; Fall 2007 – May 2008

### **College & Departmental Committees/Task Forces**

#### **-- College of Education**

- Academic Program Innovation Ad-Hoc Committee (Sid Richardson Foundation); January 2011 – September 2011
- Academic Suspension Hearings Committee; August 2008 – present
- Faculty Partner; Residential Living & Learning; August 2008 – May 2009
- Outstanding Departmental Graduate (UG & GR) w/Speak-Off; August 2015 – present
- Search Committee – Department Head of Educational Leadership & Policy Studies; Spring 2016
- Search Committee – Dean, College of Education; Spring 2014

#### **-- Department of Kinesiology**

- Health-Related Fitness & Professional Development Task Force; Fall 2011 – Spring 2013
- Director – Graduate Program; Fall 2008 – August 2015
- Coordinator – Practice TExES Exam (teacher certification test); Fall 2006 – Spring 2013
- Reflections Representative (student teacher ceremony – long semesters) ; Fall 2006 – Summer 2013
- Search Committee – Assistant Professor (4 positions); Spring 2013 – Spring 2014
- Search Committee Chair – Administrative Assistant; Summer 2014
- Graduate Comprehensive Exam Committees – served as a member or chair on 241 committees (2007-2018)

### **Professional Service**

- **Chancellor's Research Showcase** – served as co-chair (with Dr. Russell Pfau) for the Texas A&M University System Research Showcase during the Chancellor's Century Club visit to Tarleton State University; Stephenville, Texas; February 2010.
- **Excellence in Teaching Conference** – committee member for the Annual Excellence in Teaching Conference. *Dates include: March 2012; March 2011; April 2010; March 2009.*
- **Faculty Focus Group** – invited to serve on a panel, sponsored by the Student Affairs & Student Activities Office, to discuss current issues relevant to student involvement on campus; January 2009.
- **Fantastic Field Day** – served as director of the annual special event designed for kids with disabilities. *Dates/participant numbers include: April 2013/200 participants; April 2012/190 participants; April 2011/250*

participants; April 2010/278 participants; April 2009/308 participants; March 2008/300 participants; March 2007/297 participants.

- **Kinesiology Research Symposium** – served as creator and director of the annual research symposium within the department of Kinesiology. *Dates/participant numbers include: November 2013/29 participants; November 2012/30 participants; December 2011/32 participants; November 2010/23 participants; November 2009/23 participants; November 2008/21 participants.*
- **KTRL Pledge Drive** – served as a Guest Host with Dr. Jarrod Schenewark during the NPR Pledge Drive on the local KTRL radio station; April 2015.
- **Research Judge** – served as a volunteer faculty judge at the annual Pathways Student Research Symposium sponsored by the Texas A&M University System. *Various locations/dates include: Texas A&M University-Kingsville/November 2013; Texas A&M University-Galveston/November 2012; Texas A&M University/November 2011; West Texas A&M University/October 2010; Texas A&M International University/ November 2009; Texas A&M University-Commerce/November 2008; Tarleton State University/November 2007.*
- **Rock the Gym** – served as creator and director of the annual special event dance designed for kids with disabilities. *Dates/participant numbers include: November 2012/161 participants; November 2011/165 participants; November 2010/171 participants; November 2009/165 participants; November 2008/125 participants.*
- **Speed Stack Competition** – served as the director of the *Speed Stack Guinness World Record Competition* hosted at Tarleton State University; November 2008.
- **Track & Field Computer Specialist** – serve as the Hy-Tek Meet Manager for the UIL Region II – 2A Track & Field Meet. *Dates include: May 2013; May 2012; May 2011; May 2010; May 2009; April 2008.*
- **Track & Field Computer Specialist** – served as the Hy-Tek Meet Manager for the Tarleton State University Invitational; Track & Field Meet. *Dates include: March 2012; March 2011; March 2010; March 2009.*
- **Track & Field Judge** – UIL Region II – 2A Track & Field Meet; Boys Shot Put; April 2007.
- **TREAT Special Kids Rodeo** – served as a volunteer at the rodeo event designed for children with special needs. *Dates include: April 2008; October 2007; October 2006.*
- **Volunteer** – Family Weekend @ Football; Taste of Texas; Office of Parent Relations; September 2008
- **Writing Proficiency Exam** – served as a grader for the university-wide Writing Proficiency Exam; Tarleton State University; February 2007.

## **Public Service**

### **Civic Involvement**

- Park & Recreation Advisory Board; Stephenville, Texas; January 2011 – January 2012
- Texan Club; September 2007 – present
- First United Methodist Church, Stephenville, Texas; March 2007 – present
  - WOW (Children's Bible Study) Teacher; September 2011 – May 2012
  - Staff-Parish Relations Committee; January 2009 - 2011
  - Member – United Methodist Women (Magdalene Circle); January 2008 – September 2013
- Meals on Wheels (volunteer driver); Stephenville, Texas; March 2007 – December 2012
- Childhood Wellness Initiative Task Force; Stephenville, Texas; January 2007 – May 2007
- Community Health Council; Stephenville, Texas; September 2006 – August 2007
- Facility Review & Planning; City of Commerce, Commerce, Texas; 2003 – 2006
- Meals on Wheels; Commerce, Texas; 1997 – 2006
  - President; 2005
  - Board of Directors; 1997 - 2006

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## **HONORS**

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**Honor Award** – Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD); 2019.

**Social Media Influencer Award (Department level)** – Texas Social Media Research Institute (TSMRI); 2018.

**Social Media Influencer Award (Individual)** – Texas Social Media Research Institute (TSMRI); 2018.

**University Administrator of the Year** – Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD); 2017.

**University Physical Educator of the Year** – awarded by TAHPERD; December, 2012.

**Faculty Excellence in Scholarship Award** – awarded by the College of Education; May, 2011.

**Excellence in Teaching Award** – awarded by Chancellor of the Texas A&M University System; \$2,500 stipend; July, 2011.

**Jack & Louise Arthur ‘Excellence in Teaching’ Award** – presented annually upon recommendation of the Faculty Senate and Student Senate; Tarleton State University; \$1,500 stipend; May, 2011.

**ACUI Facility Design Award of Excellence for the Sam Rayburn Student Center; Texas A&M University-Commerce** – The Association of College Unions International (ACUI) annually presents awards for facility design. The lead architectural firms were WTW Architects and Gideon-Toal Architects; they were assisted by University Project Managers (**Kayla Peak**, Rick Miller, Brian Nichols – TAMU-C); March 2011

**Excellence in Teaching Award** – awarded by Chancellor of the Texas A&M University System; \$2,500 stipend; Spring, 2010.

**Nominee** – Physical Education Professional of the Year; Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD); 2010.

**Faculty Fellow** – awarded by the Center for Instructional Innovation; Division of Faculty Innovation in Teaching; Tarleton State University; 2010 - 2013.

**Excellence in Teaching Award** – awarded by Chancellor of the Texas A&M University System; \$5,000 stipend; Spring, 2009.

**NIRSA Creative Excellence Award** – The National Intramural-Recreational Sports Association (NIRSA) annually presents awards for creative excellence related to marketing. Our team (**Peak, K.**, Vanderpool, J., Vanderpool, R., & Rodriguez, J.) was awarded **3<sup>rd</sup> Place in the Graphic Communication Division (Facility Publication)** for the marketing poster (*Texas A&M – Commerce Rec Sports*) designed and published by Prairie Rose Studio (Commerce, Texas); Orlando, Florida; April 2005.

**Outstanding Alumna** – College of Education; Alumni Academic Forum; Tarleton State University; 2004.

**Nominee** – Recreation Professional of the Year; Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD); 2003.

**Mayo College Activity Award** – awarded by the Honors College; Texas A&M University-Commerce; 2002.

**Alumni Ambassador** – Health, Kinesiology & Sports Studies Department; Texas A&M University-Commerce; 1998.