

TARLETON STATE UNIVERSITY

Cheerleading

Required Elements for Tryouts:

- 1. Standing backhandspring**
- 2. Standing backtuck**
- 3. Tumbling pass that includes at least two or more tricks**
- 4. Toss to hands extension, toss to liberty, elite stunt of your choice
(You must cradle from one stunt and pop off from the other stunts)**
- 5. Toe touch without prep (ladies only)**
- 6. Two jumps (consecutive) of your choice (ladies only)**