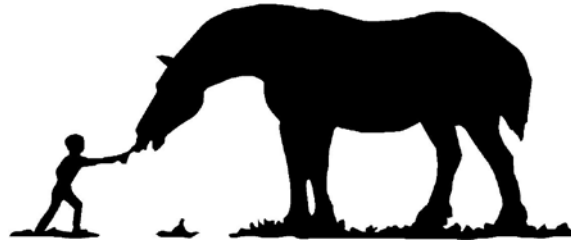


# **TARLETON EQUINE ASSISTED THERAPY**



## **TREAT**

TaRleton Equine Assisted Therapy is designed to utilize horseback riding as a form of physical, emotional, and recreational therapy. This type of therapy improves the individual's self-awareness, confidence, and discipline along with improving fine motor skills, posture, balance, and coordination. Therapeutic riding involves all of the muscles of the body and stimulates all body systems. The rhythmical gait of the horse causes the rider's pelvis, trunk, and shoulder girdle to react in ways similar to those produced by the normal human walk.



More than 70 riders take advantage of the benefits of TREAT on a regular basis. Training is provided for more than 50 college students each semester.



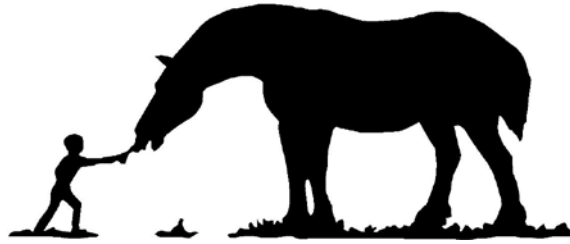
TREAT serves as a training program for college students who plan to enter careers in different phases of the equine assisted therapy industry and for students who will be involved with special needs children in their chosen profession. TREAT provides a hands-on laboratory for a variety of classes including special education, nursing science, adaptive physical education, and various agriculture classes.



**Partnering with the Horse to Change Lives**

**Box T0070, Tarleton State University, Stephenville, TX 76402  
254-968-9656    [snyder@tarleton.edu](mailto:snyder@tarleton.edu)**

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