

Consent form for Depo-Provera?

Depo-Provera? is a hormonal substance that prevents ovulation from occurring. Injected intramuscularly every 3 months into the muscle of the upper arm or buttocks.

How it works:

The hormones in the injection suppress ovulation (egg production) for 3 months.

How Effective Is It?

Failure rate is less than one pregnancy per 100 women per year when women return for injections every 3 months and when injection is done in the first 3 days of menses (bleeding)

Why Choose This Method?

- ☑ Consider use of other methods and whether their side effects make you prefer this method
- ☑ Desire for long-term contraceptive—3 month effect
- ☑ Desire for reversible method—reversible by stopping injections
- ☑ Desire for method disconnected from intercourse—nothing to take or put in

Why You Might Not Be a Candidate

- ?? Known or suspected pregnancy
- ?? Undiagnosed vaginal bleeding
- ?? Known or suspected breast cancer
- ?? Active thrombophlebitis (blood clots) or current or past history of clot disorders in legs, lungs, or eyes; or a stroke
- ?? Liver dysfunction or disease (hepatitis B)
- ?? Known sensitivity to Depo-Provera? or any of its ingredients (have you every had an allergic reaction to local anesthetic at the dentist?)

Relative Contraindications: Have You Any of the Following?

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| <ul style="list-style-type: none"> Breast Cancer Abnormal mammogram Fibrocystic breast disease Breast nodules or lumps Bleeding from nipples Kidney disease High blood pressure, heart disease or stroke Recent history of liver disease such as hepatitis A, mono Migraine headaches | <ul style="list-style-type: none"> Asthma Epilepsy or seizures; are you taking seizure medication? Diabetes or family history of diabetes Depression requiring hospitalization and/or medication Osteoporosis (brittle bones) Do you regularly use any prescription drugs—we need to check possible interactions with Depo-Provera? |
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Side Effects You Might Experience

<ul style="list-style-type: none"> Weight gain—average is 5 pounds; change in appetite Menstrual irregularity—possibly no periods by second or third shot Headaches Abdominal bloating Breast tenderness Tiredness, weakness 	<ul style="list-style-type: none"> Dizziness Depression, nervousness Nausea No hair growth or loss or thinning of hair Skin rash or increased acne Increased or decreased sex drive
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Explanation of Methods and Assessment

Depo-Provera? is injected intramuscularly in one 150-milligram dose every 3 months (12 weeks) for as long as contraceptive effect is desired. It is given in the **first three days** of the menstrual cycle (after onset of menses), within 5 days postpartum, or if breast feeding, at 6 weeks postpartum.

If time between injections is greater than 14 weeks, we would do pregnancy test before giving you the injection; we may also do a pregnancy test at 12 weeks if you have no bleeding (period).

Use of This Methods and Warning Signs

Drug interactions are possible when using Depo-Provera? with other prescription drugs.

Always check with your physician or nurse practitioner and pharmacist for such possible interactions before taking any other prescription drug; Depo-Provera is a medication and you need to list it in your health history.

Warning signs to report to your health care provider (physician or nurse practitioner);

- ?? Sharp chest pain, coughing of blood, sudden shortness of breath
- ?? Sudden severe headache, vomiting, dizziness, or fainting
- ?? Visual disturbance (double vision, blurred vision, spots before your eyes or speech disturbance (slurred, unable to speak)
- ?? Weakness or numbness in arm or leg
- ?? Severe pain or swelling in calf or leg
- ?? Unusually heavy vaginal bleeding (unlike usual periods)
- ?? Severe pain or tenderness in lower abdomen, pelvis
- ?? Persistent pain, pus, or bleeding at injection site

Follow-up care of Yourself

- ?? Visit you health care provider every 3 months (12 weeks) for injection
- ?? The visit should take place during first 3 days of menstrual cycle (or at 12 weeks from last shot if no period [menses])
- ?? Review any side effects, danger signs with health care provider
- ?? Review your menstrual cycles with health care provider
- ?? Have a Pap smear every year along with a complete physical examination including pelvic and breast examinations
- ?? Depo-Provera? provides no protection against sexually transmitted diseases (including AIDS) or vaginal infections, so consider using condoms if you are concerned about protecting yourself.

I have read the above and have been given a copy of this consent form and the manufacturer's information and agree to have Depo-Provera? . I agree to pay prior to the injection. If it is over 91 days since my last injection, I agree to take 2 pregnancy tests 1 week apart. I agree that I am responsible for the additional cost.

Signed _____

Date _____

Witness _____

Date _____

