

# STUDENT LIFE

## RECREATIONAL SPORTS

The, Recreational Sports Department provides a variety of recreational activities and events to meet the physical fitness and/or personal enjoyment needs of students, retirees, faculty/staff and spouses. Extracurricular opportunities are coordinated and implemented to provide intramural team and individual sports, self-directed activities, and special events.

The Recreation Sports Center is a 70,000 square foot facility, housing a weight room, climbing wall, four racquetball courts, men's and women's locker rooms, outdoor pursuits equipment check-out, three basketball/volleyball courts, three badminton courts, archery range, and two classrooms. The second floor includes two group exercise rooms, track-side cardio, cardio theatre, three-lane track, and the administrative office suite.

The Vance Terrell Intramural Complex is equipped with four all-purpose fields to serve various organized and open recreational activities. Intramural Team Sports' programs played at this facility include flag football, soccer, and softball.

Tarleton Challenge is an energizing ropes course learning experience. By combining high and low elements, participants enjoy safe, fun, unique and innovative opportunities to promote group and personal growth, team-building; as well as communication and trust. For more information go to: [www.tarleton.edu/recsports](http://www.tarleton.edu/recsports) or call (254) 968-9912.