

# STUDENT LIFE

## **STUDENT LIFE**

The Division of Student Life creates a campus environment for learning and development by serving student's interests in every aspect of university life. To achieve this mission, Student Life provides outstanding programs and services for students in the following departments: Career Services, Center for Diversity Initiatives, Financial Aid, Residential Living & Learning, Recreational Sports, Rodeo Activities, Counseling Center, Student Health Center, Student Judicial Affairs, Student Government Association, Center for Student Engagement, Office of Student Activities, Office of Student Leadership Programs, Student Life Studies, Student Publications, and the Thompson Student Center.

## **CAREER SERVICES CENTER**

The **Career Services Center** provides a comprehensive career development program to assist students in developing and implementing a strategic career plan. Students are encouraged to use the center's services at any time during their academic experience for: career counseling and assessment, career resource library, job search resources, internship opportunities, job shadowing program, resume assistance, mock interviews, career-related workshops, business etiquette dinners, job fairs, and on-campus interviews with companies and school districts. To assist students with career decisions, the Center provides MyPlan.com, a robust, comprehensive web-based career planning program. For free access to the **MyPlan career assessments**, students will need to call (254) 968-9078.

Students and alumni may post resumes and access full-time, part-time and internship listings free of charge through the **Tarleton Connection** at [www.tarleton.edu/connection/](http://www.tarleton.edu/connection/). It is recommended that students post resumes in the Tarleton Connection by the second semester of the junior year.

Appointments are needed for career counseling and resume assistance, but many of the services can be accessed on a walk-in basis. More information is located at [www.tarleton.edu/~careers/](http://www.tarleton.edu/~careers/).

## **CENTER FOR DIVERSITY INITIATIVES**

The Center for Diversity Initiatives is committed to creating an enabling environment where all students succeed academically and professionally. CDI serves a community of students of diverse social, cultural and economic backgrounds with a variety of intellectual and ideological persuasions. CDI offers innovative educational and cultural programs that provide students, faculty and staff cultural competency and skills that are essential for professional and academic success. CDI aims to enrich students' experiences at Tarleton and encourage active participation in the community and in the global society. For more information please visit: [www.tarleton.edu/~cdi/](http://www.tarleton.edu/~cdi/) or call (254) 968-9488.

## **DINING SERVICES**

Dining Services is committed to serving tasty, nutritious food at reasonable prices. The University Dining Hall offers a variety of menu items, many of which are prepared on the spot the way the student has requested it. Food is prepared, presented, and enjoyed in a relaxing atmosphere where the students can eat, visit with fellow students, faculty and staff, and experience one of Tarleton's hallmarks: the friendliness and warmth of its campus culture.

The Texan Star Food Court in the Thompson Student Center offers additional fast food options. Students, faculty, staff, and the general public can also purchase coffee, hot chocolate, other specialty drinks, and snacks at Suave Caffe, a coffee and espresso bar in the foyer of the Dick Smith Library. For more information please visit: [www.tarleton.edu/~dining/services/](http://www.tarleton.edu/~dining/services/) or call (254) 968-9445.

## **FINANCIAL AID**

Tarleton State University offers students financial assistance in the form of loans, grants, work opportunities and scholarships. For more information about opportunities for financial assistance, contact the Office of Financial Aid or visit the Financial Aid website: [www.tarleton.edu/~finaid/](http://www.tarleton.edu/~finaid/) or call (254) 968-9070.

## **RESIDENTIAL LIVING & LEARNING**

Residential Living & Learning seeks to foster authentic communities that engage and empower residents to value learning, citizenship and diversity through faculty and peer engagement.

Learning:

Residential Living & Learning seeks to integrate the university's academic environment into the residential community. Residential Living & Learning seeks to integrate the

Citizenship:

Residential Living & Learning seeks to foster peer engagement by challenging students to reflect on who they are and how they will impact the future.

Diversity:

Residential Living & Learning seeks to create communities that encourage students to discuss diverse perspectives and value the enrichment that comes from interacting with people different from themselves.

All unmarried students under 21 years of age who have completed fewer than 30 semester credit hours accepted by Tarleton must reside in the residence halls and eat in the university dining facilities. Housing contracts are for an academic year (fall and spring). Students who live with a parent or parents at their legal, full-time residence within 60 miles of campus according to the official state mileage chart, or students who are married, or who have a child are excused from this policy. Proof must be submitted with a completed off-campus request form located on the Residential Living & Learning website. For more information please visit: [www.tarleton.edu/~housing/](http://www.tarleton.edu/~housing/) or call (254) 968-9083.

## **LEARNING COMMUNITIES**

A learning community is a set of courses in which students having a common major or interest may enroll. Participation in this program allows students to be part of a group enrolled in primarily the same courses. Each community is limited to no more than 24 students. Students benefit from the linked courses through connections with peers, faculty, and a higher level of engagement in the scholarly work. The Learning Communities occur in the Fall semester only.

## **RESIDENTIAL COLLEGE**

The Residential College program is a year-long program made up of several residential communities linked with an academic department. Based upon the student's major, a group of courses are shared with peers living in the same hall. The Residential College fosters connections with peers, faculty, staff, and a higher level of engagement in the scholarly work. Additionally, students in residential college reside with other Residential College participants and are provided reserved study space for individual, quiet study as well as group study areas within the residential community. Further, Residential College students received dedicated time from Research Librarians to assist the student in conducting research and meet with academic tutors or supplemental instructors within the residential facility.

## **RECREATIONAL SPORTS**

Tarleton State University, Recreational Sports Department provides a variety of recreational activities and events to meet the physical fitness and/or personal enjoyment needs of Tarleton State University students, retirees, faculty/staff and spouse. Extracurricular opportunities are coordinated and implemented to provide intramural team and individual sports, self-directed activities, and special events.

The Recreation Sports Center is a 70,000 square foot facility, which houses a weight room, climbing wall, four racquetball courts, men's and women's locker rooms, outdoor pursuits equipment check-out, three basketball/volleyball courts, three badminton courts, archery range, and two classrooms. The second floor includes two group exercise rooms, track-side cardio, cardio theatre, three-lane track, and the administrative office suite.

The Vance Terrell Intramural Complex is equipped with four all-purpose fields to serve various organized and open recreational activities. Intramural Team Sports' programs played at this facility include flag football, soccer, and softball. Tarleton Challenge is an energizing ropes course learning experience. By combining high and low elements, the staff will provide clientele with a safe, fun, unique and innovative opportunity to promote group and personal growth, team-building, as well as communication and trust. For more information please visit our website: [www.tarleton.edu/~recsports/](http://www.tarleton.edu/~recsports/) or call (254) 968-9912.

## **RODEO ACTIVITIES**

The Office of Rodeo Activities provides students the opportunity to be active in rodeo activities on campus and at the intercollegiate level. Tarleton State University is a member of the National Intercollegiate Rodeo Association (NIRA) and competes in the Southwest Region. The Tarleton Rodeo Association provides students with the opportunity to plan and/or participate in events such as the Intramural Rodeo, the NIRA Rodeo, youth rodeos and various other jackpot events. The Office of Rodeo Activities provides some stock for practice and skill development at the Agriculture Center. Scholarships and travel allowances are available for outstanding rodeo athletes. For more information please visit: [www.tarleton.edu/~rodeo/](http://www.tarleton.edu/~rodeo/) or call (254) 968-9187.

## **STUDENT COUNSELING CENTER**

The Student Counseling Center provides counseling services to students enrolled on the Stephenville campus at Tarleton. Services include individual, couples, pre-marital, family counseling, and group counseling. Assertiveness, body image, grief and loss counseling are also provided. We also provide preventative educational outreach programs to student groups, residence halls, fraternities and sororities on various topics such as stress management, test anxiety, relationship issues, eating disorders and alcohol use. Services are funded through the health service fee. We are committed to multiculturalism, diversity and meeting the needs of a changing university community. Appointments may be scheduled by calling (254) 968-9044. All counseling services are confidential to the limits provided by Texas Law and Professional Ethics. For more information please visit: [www.tarleton.edu/~counseling/](http://www.tarleton.edu/~counseling/) or call (254) 968-9080.

## **STUDENT HEALTH CENTER**

The Student Health Center provides health care services to all enrolled Tarleton State University students. Appointments are required, except in the case of an emergency. The Health Service Fee covers basic office visits.

Services provided include selected immunizations, medications and other supplies for treatment of minor/acute illnesses and injuries, suturing of simple lacerations, services of a medical doctor, nurse practitioner, or physician's assistant at specified times, administration of allergy injections as directed by the student's allergist, consultations regarding any health problems, blood pressure checks and loan of crutches. Physical exams and women's health exams are also available on a fee basis. There are minimal charges for various methods of birth control, pharmacy, laboratory tests and treatments. Follow-up health care after surgery or any illness, as directed by the student's physician, is offered as is assistance with referral to physician or hospital when deemed necessary. We are a Tarleton ally and advocate for the physically disabled. The university offers students a comprehensive injury and sickness insurance plan to cover students beyond the services of the Student Health Center. For more information please visit: [www.tarleton.edu/~stuhealth/](http://www.tarleton.edu/~stuhealth/) or call (254) 968-9271.

## **STUDENT JUDICIAL AFFAIRS**

The Office of Student Judicial Affairs staff is dedicated to promoting a campus environment of responsibility, respect, integrity and community through the enforcement of the Code of Student Conduct. The staff provides resolutions for alleged misconduct by students. The established standard of behavior is set forth in the Student Handbook under the Code of Student Conduct and addresses social and campus community conduct, as well as academic integrity. The staff also serves as the contact for student related grievances, absences of more than five (5) days (related to medical or family) and as a consultant to faculty/staff on student-related problems and concerns. For more information please visit: [www.tarleton.edu/~judicial/](http://www.tarleton.edu/~judicial/) or call (254) 968-9080.

## **STUDENT GOVERNMENT ASSOCIATION**

The Student Government Association is the representative voice of Tarleton students and it is directly responsible for bringing the interests and concerns of students to the attention of the administration and university community. For more information, please visit the Student Government Association website: [www.tarleton.edu/~sga/](http://www.tarleton.edu/~sga/).

## **CENTER FOR STUDENT ENGAGEMENT**

The Center for Student Engagement provides opportunities for students to become connected both socially and academically with Tarleton State University. Through involvement in student organizations, leadership programs, civic opportunities and service learning, students will develop an understanding for social responsibility and the significance of “learning beyond the classroom”.

The Offices of Student Activities and Student Leadership Programs are housed within the Center for Student Engagement. Visit us in Room 201 of the Thompson Student Center or call (254) 968-9490.

## **OFFICE OF STUDENT ACTIVITIES**

The Office of Student Activities provides creative and innovative programs designed to engage students in developing meaningful relationships with peers, faculty, staff and community members. Through active participation in programs, students develop civic and social responsibilities while beginning to explore, challenge and define their personal identity. For more information please visit: [www.tarleton.edu/~stuact/](http://www.tarleton.edu/~stuact/) or call (254) 968-9490.

## **STUDENT ORGANIZATIONS**

While academic success is priority-one, participation in a student organization(s) can add an important dimension to the college experience. Student organizations provide opportunities for development in the areas of leadership, personal management, collaboration, supervision, organization, communication, networking, event planning and relationship development. Tarleton students can select from over 120 student organizations to enhance their college experience.

## **STUDENT PROGRAMMING ASSOCIATION**

Student Programming Association (SPA) provides a variety of programs and activities for the university campus and surrounding communities. Students learn leadership and interpersonal skills by planning and implementing educational, cultural, recreational and entertainment programs.

## **ORIENTATION**

The Texan Orientation Conferences provide new students with their first taste of the Tarleton Experience. The conferences will acquaint new students with their new academic and social environment. They will connect with their peers, upperclassmen, faculty and staff through a variety of activities and settings.

## **TEXAN-2-TEXAN**

Texan-2-Texan is a freshman program designed to prepare students for successful transition into Tarleton State University both academically and socially. Texan-2-Texan is held each August prior to the beginning of the fall semester. Participants learn about and engage in the university’s long-standing traditions, embrace the concepts of civility, integrity and diversity, meet and interact with student organizations, and participate in a special freshman convocation and candle lighting ceremony. Upperclassmen have the opportunity to serve as advisors and assist with all aspects of the Texan-2-Texan program.

## **OFFICE OF STUDENT LEADERSHIP PROGRAMS**

The Office of Student Leadership Programs seeks to provide opportunities for students to engage in the development of self efficacy as leaders of the local community while exploring their leadership abilities through interpersonal relationships that support peer-to-peer mentoring. For more information please visit: [www.tarleton.edu/~leadership/](http://www.tarleton.edu/~leadership/) or call (254) 968-9490.

## **TARLETON L.E.A.D.S.**

Leadership, Engagement, Action, Development and Service (L.E.A.D.S.) are the key values that we believe are essential in the development of a well-rounded leader in society. L.E.A.D.S. is a three-semester leadership development program in which students develop their own leadership philosophy and establish fundamental practices of leadership. Through interactions and experiences with peers, each student has the opportunity to engage in leadership development that will benefit them during their college career and beyond. Upon completion of the program, each student will be defined as “leadership certified” with university documentation included on their diploma and transcript.

## **DUCK CAMP**

Duck Camp! WE LOVE IT!! It is the popular theme that is often resonated by incoming freshmen and student leaders in August before school starts. This summer camp assists new freshmen in making the transition from high school to college. Student leaders, faculty and staff facilitate discussions and conduct activities that aid in acclimating students to the Tarleton way of life. In addition, group leaders serve as mentors to new students by helping them build relationships with others and offering guidance based on their own college experiences. Participants in this program generally exhibit an increased awareness of campus programs and maintain a higher retention rate over non-participants.

## **GREEK LIFE**

Greek Life at Tarleton provides opportunities for brotherhood/sisterhood, scholarship, leadership and service. Groups range from social to social/professional and offer numerous activities that include philanthropies, team building events, and social gatherings. The variety of fraternities and sororities on campus allow students the opportunity to select one that will best fit their needs. Recruitment is held during the first few weeks of the fall semester.

## **OFFICE OF PARENT RELATIONS**

The Parent Relations office is a support base in assisting the parent/guardian to continue helping guide the student(s) on a successful path. Tarleton State University recognizes the family support network as a vital part of a students' success, and the Parent Relations office is here to facilitate successful navigation of Tarleton's system. For more information please visit: [www.tarleton.edu/~parentrelations/](http://www.tarleton.edu/~parentrelations/) or call (254) 968-0789.

## **STUDENT LIFE STUDIES**

The Department of Student Life Studies serves as the primary planning, assessment and evaluation area for the Division of Student Life. The staff works to facilitate assessment and evaluation of services and programs within the Division of Student Life, assess organizational effectiveness and assure continuous quality improvement throughout each department. Departments within Student Life Studies include; Student Financial Aid, Barry B. Thompson Student Center and Student Publications.

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### **THE J-TAC**

The J-TAC, the official student newspaper, offers news and features of interest to the university community and provides a forum for expression of opinion. It is published during the fall and spring semesters. An orientation issue is published each summer.

### **THE GRASSBURR**

The Grassburr, first published in 1916, is the official student yearbook and is a permanent record of class, club, campus, athletic and other events. To order a book, please contact the Office of Student Publications.

### **THE STUDENT HANDBOOK/PLANNER**

The Student Publications office publishes the handbook, which includes information on many campus departments and organizations of Tarleton State University. The book features a planning calendar and schedules of events.

### **THOMPSON STUDENT CENTER**

The Thompson Student Center, a multi-department center, is located on the corner of Vanderbilt and Lillian. The main floor hosts a commuter lounge, ATM, food court, bookstore, post office, copier, and information desk. The student center houses four conference rooms. Each can seat 21-120. The ball room seats up to 430 and the outdoor amphitheater seats 300. For more information, stop by the Office of Reservations and Operations located on the main floor. For more information please visit: [www.tarleton.edu/~bbt/](http://www.tarleton.edu/~bbt/) or call (254) 968-9256.